Pre-College Summer Program: Human Nutrition
Summer 2020

Instructor & General Course Information

Instructor: Loneke T. Blackman Carr, Ph.D., R.D.
Assistant Professor
Email: Loneke.blackman_carr@uconn.edu
Office: Roy E. Jones Building, Room 223
Office hours: by appointment

Course Information:
- Meets daily

Textbook:
- No textbook required

Course Description & Learning Objectives

Welcome to Human Nutrition! This week-long course highlights from core courses in nutrition at the University of Connecticut including “Fundamental of Nutrition” and “Community Nutrition”. Students who take these courses come from a variety of majors from across the campus. For some, the content is so practical and relevant that it leads them to become a Nutritional Sciences major, where they dig deep into understanding the role of food from the molecular to the societal level. This course is dynamic in that standard class lectures will be complimented by case studies and video-based material to bring nutrition to life, and replicate real scenarios where nutrition is a major factor. Monday through Thursday will be focused on nutrition content, and the week will culminate in student presentations on the challenges and potential solutions for today’s nutrition challenges in their home community. Preparation for Friday’s presentations will occur throughout the week. No preliminary readings are included, but students are encouraged to think about the role of nutrition and the health issues in their personal life and their larger community. This will lay a foundation to focus your learning throughout the course.